



Roslyn Howell, OD

Dr. Roslyn Howell received her Doctor of Optometry degree (OD), with honors, from Pacific University College of Optometry in Forest Grove, OR. She completed her residency at Northeastern State University in Oklahoma, concentrating on ocular disease but with experience in all of the various facets of optometry.

Dr. Roslyn Howell's experience makes her an ideal fit to lead Cascadia Eye's Dry Eye Care Center. She has years of expertise treating dry eye and ocular disease, as well as focused study in advanced OptiLIGHT and OptiLIFT treatments that target specific root causes of dry eye. Using the full array of Cascadia Eye's advanced dry eye therapies, she identifies treatments



that target why patients' eyes are uncomfortable, treats the medical causes, and provides long-term comfort and clearer vision.

In addition to her dry eye practice, Dr. Howell delivers a full range of services: managing ocular disease, providing routine eye exams and medical evaluations, and fitting soft, gas-permeable, and specialty contact lenses (including teaching contact lens fitting to optometric students).

Family and Personal Passions

Originally from Victoria, BC, Dr. Howell enjoys hiking and skiing in the Pacific Northwest with her husband and her two children. She participates in optometry humanitarian missions, and has visited Ghana and Thailand through VOSH and Unite for Sight as part of her lifetime commitment to service.

Contact Cascadia Eye

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