




Roslyn Howell, OD

Dr. Roslyn Howell received her Doctor of Optometry degree (OD), with honors, from Pacific University College of Optometry in Forest Grove, OR. She completed her residency at Northeastern State University in Oklahoma, concentrating on ocular disease but with experience in all of the various facets of optometry. At that time, Dr. Howell also had responsibility for emergency room (ER) calls from Cherokee Nation Hastings Hospital every month.



Dr. Howell 's years of experience in fitting soft, gas-permeable, and specialty contact lenses (including teaching contact lens fitting to optometric students), as well as her concentration in managing ocular disease, provides Dr. Howell with a well-rounded knowledge base that makes her an ideal fit at Cascadia Eye. She sees patients for routine, contact lens, and medical eye exams.

Family and Personal Passions

Originally from Victoria, BC, Dr. Howell enjoys hiking and skiing in the Pacific Northwest with her husband and her two children. She participates in optometry humanitarian missions, and has visited Ghana and Thailand through VOSH and Unite for Sight as part of her lifetime commitment to service.

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