



cascadiaeye

CROWELL | SIAPCO | PEREIRA



Our World is Your Vision.

LASIK AND REFRACTIVE SURGERY

A patient guide



www.cascadiaeye.com

Our World Is Your Vision

Welcome to Cascadia Eye! With over thirty years of vision care in Skagit Valley, we are proud to provide refractive surgery for our community. Our goal is to provide unparalleled care for every aspect of the eye.

We offer something important that no other LASIK clinic can: all of your follow-up care is done by the same surgeon who performed your procedure. Your surgeon will be doing crucial pre-operative testing and closely following you during your entire post-operative period (1 year). We will even give you your surgeon's personal phone number after your procedure.

Our eye surgeon and staff are committed to providing customized care to our patients at an affordable cost. We do not have hidden fees or pricing that can be raised "based on prescription." What you see is what you get, which is the best possible care with the latest technology available. Thank you for choosing Cascadia Eye.



WHY CHOOSE

CASCADIA EYE?

LOCAL CARE

Cascadia Eye has been serving Skagit Valley and surrounding areas since 1985. One of the greatest benefits of coming to our clinic is convenience. Having locations in Skagit, North Snohomish, and Whatcom counties makes us easily accessible to our patients. Since LASIK often requires a minimum of two visits with the surgeon before your procedure, and at least three after, it's good to stay close.

CONFIDENCE IN QUALITY

It's important that you feel comfortable and confident about the care you receive and the qualifications of your doctor and technicians. Our doctor is board-certified and VISX Refractive Surgery certified. Our technicians undergo rigorous training in all aspects of the eye.

Our pricing is based on the actual cost we are charged for the use of the equipment, certified technicians and engineers who are there during your procedure, and all the necessary supplies needed to ensure your safe and successful outcome. We would love to offer this level of technology and expertise at the “discounted prices” you've probably seen elsewhere; however, if we don't charge based on our costs, that means something important is being eliminated.

WHAT IS A BARGAIN?

Some centers advertise \$1000 (or less) per eye. This may not include pre/post operative care (or may only include limited post operative care), or even the latest technology — and we know they aren't local. Additional visits and travel costs can easily add \$500-\$1000 to your bill. With that in mind, you can understand that a procedure with Cascadia Eye is designed to provide you convenience and peace of mind in all aspects of your care...and that is *our* kind of bargain.

www.cascadiaeye.com

OUR REFRACTIVE TEAM



Carlindo Pereira, MD joined Cascadia Eye in 2010, after completing a cornea and refractive fellowship with Dr. Francis Price in Indianapolis.

Dr. Pereira believes in keeping up-to-date with the very best and latest eye care and surgery. He graduated from medical school at the University of Stellenbosch in South Africa in 1995, where he practiced family medicine before moving to the United States to do an ophthalmology residency at Loma Linda University, CA. After practicing and then teaching general ophthalmology for five years, he decided to sub-specialize.

He especially enjoys performing state-of-the-art refractive and corneal surgery (including newer partial thickness transplants DSAEK and DMEK). Dr. Pereira is board certified by the American Board of Ophthalmology and certified in the IntraLase, VISX and WaveLight lasers for iLASIK surgery.

OPHTHALMIC TECHNICIANS

Our certified ophthalmic technicians and assistants, including your **Refractive Surgery Coordinator**, are Wavescan certified and have undergone extensive training with Bausch & Lomb, VISX and AMO. This training and combined 35+ years of experience, coupled with their passion for patient care, makes them invaluable to the refractive team.

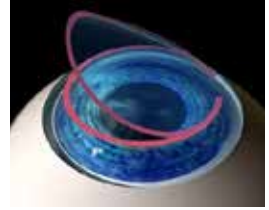


Learn more about our surgical and clinical team at:
www.cascadiaeye.com/staff

How it WORKS

LASIK

With LASIK, a small flap is created by a cool-beam laser on the surface of the cornea to access the treatment area underneath. The flap is lifted while another cool-beam laser gently reshapes your cornea. The flap is then laid back down, where it heals naturally in a few days.



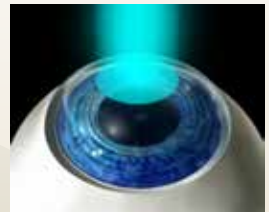
THE LASER

The VISX Star S4 Excimer Laser is the most widely used laser on the market today. It has been used by ophthalmologists to perform millions of laser vision correction procedures all over the world. Each year, more doctors use VISX lasers to perform laser vision correction than any other system.

PRK

With PRK, your end result is the same as LASIK but the procedure works differently. Instead of creating a flap, the cornea's entire epithelial (outer) layer is removed to expose the area and no flap is created. The cool-beam laser then sculpts the cornea, just as with LASIK.

The outer layer takes a few days to grow back, and the overall vision recovery period is longer than LASIK, but PRK offers an alternative for patients not eligible for the LASIK procedure.



ARE YOU A **LASIK** CANDIDATE?

FACTORS TO DISCUSS

Not everyone is a candidate for LASIK. There are many factors that both you and your doctor should discuss while considering LASIK.

At your consultation, we will discuss these factors and others with you at length, to help you evaluate if LASIK is right for you. We will also do some preliminary testing of your eyes to help determine your candidacy.

- Age (*must be 21+*)
- Lifestyle
- Prescription
- Eye/general health
- Expectations

WHAT ABOUT READING GLASSES?

Presbyopia is a condition of the eye that everyone develops around the ages of 40-50. This is when the eye (specifically the lens) loses its ability to accommodate, or focus, on things that are up close. When symptoms of presbyopia begin, you may notice yourself holding objects farther away from your face or even taking your glasses off to read (if you are nearsighted).

Because LASIK is done on the cornea, and presbyopia occurs in the lens, LASIK will not correct presbyopia. Eventually, we will all need reading glasses, even those who have had LASIK. There are other procedures that can correct presbyopia that you may want to discuss with the doctor.

WHAT YOUR MONEY COVERS

WHAT YOU SEE IS WHAT YOU GET

The price you see is the price you pay. You won't walk in expecting a low price and walk out paying a much higher price. Many clinics will advertise pricing "based on prescription." This is a tactic to get you in the door, and then charge you more for your "higher prescription." Some have many hidden charges, or offer less expensive procedures with older equipment. Who wants bargain equipment when it comes to eye surgery? We only offer the best technology available for your most precious assets, your eyes.

OUR PRICE INCLUDES:

- Telephone or online screening (always free)
- Extensive eye exam & consultation by your surgeon
- Wavescan (for customized treatment)
- Custom laser treatment
- Access to your surgeon 24 hours a day.
- One year of follow-up care by your surgeon
- Protective eye shield & sunglasses
- Enhancements (when surgeon recommended)
- One pair new lenses for old glasses (readers or tinted for sun)

Bladeless LASIK.....\$2500/eye*

PRK.....\$1800/eye*

Receive \$200 off per eye if paid in full on surgery day.

*Convenient Financing Options Available!

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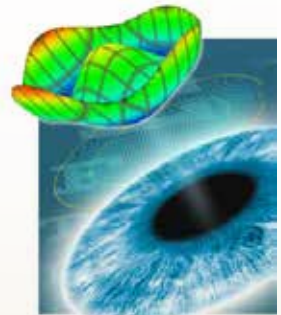
The **CUSTOMVUE** AND **INTRALASE** *advantage*

BLADELESS LASIK

Laser vision correction is one of the most widely performed procedures in the U.S. Medical technology is constantly evolving and we pride ourselves on providing the latest advancements available in eye surgery — particularly when it comes to safety. IntraLase, commonly referred to as “bladeless LASIK” is currently the safest way to create a corneal flap, the first step of your LASIK procedure. As a replacement for microkeratomes (blades), IntraLase creates a flap with the use of a laser (separate from the laser that does your vision correction treatment). This infrared laser energy inserts a precise pattern of tiny, overlapping spaces just below the corneal surface and operates at extremely high speeds (pulses of one quadrillionth of a second), allowing tissue to be targeted and divided at a molecular level without heat or impact to surrounding tissue. Although the microkeratomes have proven to be a safe method of performing LASIK, **IntraLase significantly increases the safety and effectiveness of your LASIK procedure, and that’s why your surgeon believes it is the right method for you.**

CUSTOMVUE CORRECTION

For the laser vision correction portion of your treatment, we use VISX CustomVue individualized laser vision correction—the standard for laser vision correction. Your corneas are like fingerprints: no two are alike. With the use of the “Wavescan,” a machine that measures unique imperfections of your eye with wavefront technology, CustomVue can measure and address imperfections of the cornea that are uncorrectable with glasses or contact lenses, thus leading to the best vision possible.



The bottom line? The safest, most precise treatment available.

Your PROCEDURE

ON THE DAY OF SURGERY



From the moment you walk through the doors, to the moment you leave, you will feel at home and comfortable. Your surgeon will be there with you every step of the way both before and after your procedure to walk you through the process. There won't be any lines to wait in, or a rush to get in and out—it's all about *you* today. We'll prepare you for everything you're about to experience so nothing should be a surprise, except how happy you'll be with your new eyes!

Once in the surgery center, the surgery staff will prepare your eyes for the laser treatment. Usually in less than a minute, the cool beam from the laser gently reshapes the cornea, removing microscopic amounts of tissue (less than the thickness of a human hair) to create a new curvature. During the procedure, the 3D ACTIVETRAK eye tracker follows the eye's tiniest movements. It automatically repositions the laser to keep the laser beam focused, so you can relax during your procedure.

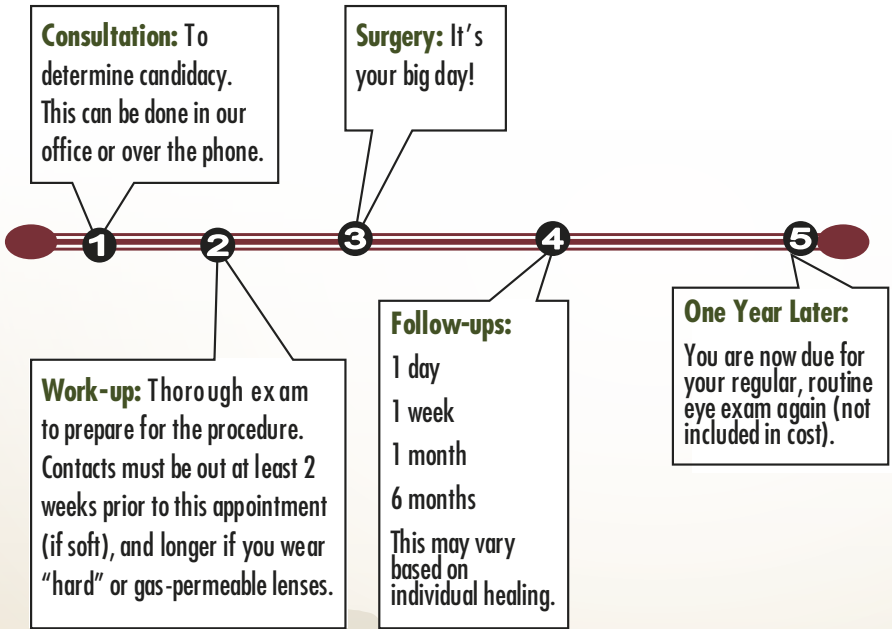
Many patients notice immediate results after LASIK. When your treatment is over, we'll go over your post-operative instructions. Your surgeon will personally call you later on that night to see how you are doing and we'll see you back for a quick check the following day.

THE LASIK TIMELINE

This timeline will give you an idea of how many appointments you can expect to have with us. Follow-up care is crucial after surgery and it is important to see your surgeon periodically to ensure a safe and successful outcome.

Pre- and post-operative exams usually take place at our Mount Vernon clinic, although post-ops can be in other select Cascadia Eye locations. The surgery is performed at the Harman Eye Clinic Surgery Center:

903 Medical Center Drive
Arlington, WA 98223



Your post-operative visits are covered for one year after your surgery. If you ever have questions or need anything after your last post-op visit, we are always happy to get you in to see your surgeon.

PLEASE NOTE:

Most LASIK patients return to their normal activities just **ONE DAY** after their procedure. However, there are some things you should avoid for a short period of time, like **eye makeup and swimming**.

Your surgeon will discuss these with you in detail.



FAQ:

DOES IT HURT?

Bladeless iLASIK is generally considered painless; however, some people do report feelings of pressure or mild discomfort during the procedure. PRK is usually more uncomfortable after the procedure. We provide a prescription for pain medication to help with this.

WHAT IF I MOVE DURING MY TREATMENT?

The laser comes equipped with an active 3-D eye tracking system that will track the tiniest movements of your eye. If your eye moves outside of the laser's parameters, the treatment will be paused.

HOW LONG WILL I BE OUT OF WORK?

We generally ask you to take the day of your procedure off after LASIK, and 3-5 days after PRK. After that (depending on your occupation) most patients are able to return to work.

WHAT EXACTLY DOES THE LASER DO TO MY EYE?

The laser is a cool beam of ultraviolet light that reshapes the corneal tissue by vaporizing the carbon bonds that form it. It doesn't burn and you can't see or feel it, but its precision is superb.

AM I AWAKE DURING THE PROCEDURE?

Yes, there is no need for any anesthesia other than the numbing drops used prior to your procedure. We do offer Valium if you want it.

WILL MY INSURANCE COVER THIS?

Most insurance companies do not cover the cost of LASIK. However, there are a few that do and some others that offer discounts. We are more than happy to check with your insurance carrier to see if they provide a LASIK benefit.

IS LASIK PERMANENT?

LASIK is considered to be a permanent procedure. In very rare cases, vision may regress and an enhancement may be needed; however, this is not common with today's technology.

CASCADIA EYE'S MOST RECENT STATISTICS



93% of our patients saw 20/20
or better after their procedure.

100% of our patients saw 20/25
or better after their procedure!

(20/40 vision is required to pass a drivers test without corrective lenses.)

Post refractive surgery patients from 2015 to 2019.

www.cascadiaeye.com

CONTACT US



OUR WORLD IS YOUR VISION

Refractive Surgery Coordinator
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Mount Vernon, WA 98274
www.cascadiaeye.com

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Fax: 360-424-6954

ADDITIONAL LOCATIONS:

26910 92nd Ave. NW #C6
Stanwood, WA 98292
(360) 629-4180

2131 Hospital Drive
Sedro-Woolley, WA 98284
(360) 424-2020

3115 Old Fairhaven Pkwy
Bellingham, WA 98225
(360) 424-2020

109 NE Birch Street
Coupeville, WA 98239
(360) 678-2020

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COME VISIT US

CASCADIA EYE MT. VERNON CLINIC

DIRECTIONS:

From East/West Skagit County

From Skagit Valley College, turn S onto LaVenture Rd. Continue on LaVenture, passing through the intersection with Section St.

Right onto Little Mountain Ln.

Cascadia Eye is on the left side at the end of the street.

From Northbound I-5

Take Exit 225 (Anderson) and turn right to head East on Anderson Rd.

Continue onto S. LaVenture Rd.

Turn left onto Little Mountain Ln.

Cascadia Eye is on the left side at the end of the street.

From Southbound I-5

Take Exit 226 (Kincaid St.) heading East on Broad St. (*up the hill*).

Turn right onto 15th St.

Left onto Section St.

Right onto LaVenture Rd.

Right onto Little Mountain Ln.

Cascadia Eye is on the left side at the end of the street.



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Mount Vernon, WA 98274

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1-866-856-1505

