Welcome to Cascadia Eye! With over thirty years of vision care in Skagit Valley, we are proud to provide refractive surgery for our community. As our practice motto suggests, our goal is to bring unparalleled care to every aspect of the eye, which is why we have a state-of-the-art surgery center here in our Mount Vernon clinic. This means you get the same safe, hi-tech procedures you’d find in the big city without having to travel long distances.

We offer something important that no other LASIK clinic can: all of your follow-up care is done by the same surgeon who performed your procedure. Your surgeon will be doing crucial pre-operative testing and closely following you during your entire post-operative period (1 year). We will even give you your surgeon’s personal phone number after your procedure.

Our eye surgeons and staff are always committed to providing customized care to our patients at an affordable cost. We do not have hidden fees, or pricing that can be raised “based on prescription.” What you see is what you get, which is the best possible care with the latest technology available. Thank you for choosing Cascadia Eye.
WHY CHOOSE

CASCADIA EYE

and our Surgery Center?

LOCAL CARE

Cascadia Eye has been serving Skagit County and surrounding areas since 1985. One of the greatest benefits of coming to our clinic is convenience. Having multiple locations in the area, including Sedro-Woolley, Stanwood, Anacortes, and our own eye surgery center in Mount Vernon, makes us easily accessible to our patients. Since LASIK often requires a minimum of two visits with the surgeon before your procedure, and at least three after, it’s good to know you can stay close.

CONFIDENCE IN QUALITY

It’s important that you feel comfortable and confident about the care you receive and the qualifications of your doctors and technicians. Our doctors are board-certified and VISX Refractive Surgery certified. Our technicians undergo rigorous training in all aspects of the eye.

Our pricing is based on the actual cost we are charged for the use of the equipment, certified technicians and engineers who are there during your procedure, and all the necessary supplies needed to ensure your safe and successful outcome. We would love to offer this level of technology and expertise at the “discounted prices” you’ve probably seen elsewhere; however, if we don’t charge based on our costs, that means something important is being eliminated.

WHAT IS A BARGAIN?

Some centers advertise $1000 (or less) per eye. This may not include pre/post operative care (or may only include limited post operative care), or even the latest technology—and we know they aren’t local. Additional visits and travel costs can easily add $500-$1000 to your bill. With that in mind, you can understand that a procedure with Cascadia Eye is designed to provide you convenience and peace of mind in all aspects of your care...and that is our kind of bargain.

www.skagitlasik.com
OUR SURGICAL TEAM

C. Dan Siapco, MD joined North Cascade Eye Associates in 2003, rapidly gaining a reputation in Skagit Valley as the doctor to choose for cataract surgery.

Dr. Siapco is a board certified ophthalmologist. He graduated from Loma Linda University School of Medicine, interned at Sacred Heart Medical Center in Spokane, and went on to complete his ophthalmology residency at the University of Pittsburgh Eye and Ear Institute.

With almost a decade of LASIK experience, he has seen the progression of LASIK from a blade-dependent procedure to the cutting-edge bladeless and custom wavefront procedure it is today. Dr. Siapco is certified on the Intralase and VISX laser platforms and firmly believes in using the latest in LASIK technology to maximize clinical outcomes and benefit his patients.

Carlindo Pereira, MD joined North Cascade Eye Associates in 2010, after completing a cornea and refractive fellowship with Dr. Francis Price in Indianapolis.

Dr. Pereira believes in keeping up-to-date with the very best and latest eye care and surgery. He graduated from medical school at the University of Stellenbosch in South Africa in 1995, where he practiced family medicine before moving to the United States to do an ophthalmology residency at Loma Linda University, CA. After practicing and then teaching general ophthalmology for five years, he decided to sub-specialize.

He especially enjoys performing state-of-the-art refractive and corneal surgery (including newer partial thickness transplants DSAEK and DMEK). Dr. Pereira is board certified by the American Board of Ophthalmology and certified in the IntraLase, VISX and WaveLight lasers for iLASIK surgery.
OUR SURGICAL TEAM

REFRACTIVE SURGERY COORDINATOR
Heather Knudsen

While your surgeon is available to you 24 hours a day, Heather is also available to you by phone, in person or by email. As your refractive coordinator, Heather has been trained into a comprehensive understanding of refractive surgery, as well as patient needs, and aims to make your refractive surgery experience as smooth and pleasant as possible.

OPHTHALMIC TECHNICIANS

With a combined experience of over thirty-five years, our certified ophthalmic technicians are Wavescan certified and have undergone extensive training with Bausch & Lomb, VISX and AMO. This training and experience, coupled with their passion for patient care, makes them invaluable to the refractive team.

Learn more about our surgical and clinical team at:
www.cascadiaeye.com/staff
BLADELESS LASIK

Laser vision correction is one of the most widely performed procedures in the U.S. Medical technology is constantly evolving and we pride ourselves on providing the latest advancements available in eye surgery — particularly when it comes to safety. IntraLase, commonly referred to as “bladeless LASIK” is currently the safest way to create a corneal flap, the first step of your LASIK procedure. As a replacement for microkeratomes (blades), IntraLase creates a flap with the use of a laser (separate from the laser that does your vision correction treatment). This infrared laser energy inserts a precise pattern of tiny, overlapping spaces just below the corneal surface and operates at extremely high speeds (pulses of one quadrillionth of a second), allowing tissue to be targeted and divided at a molecular level without heat or impact to surrounding tissue. Although the microkeratomes have proven to be a safe method of performing LASIK, IntraLase significantly increases the safety and effectiveness your LASIK procedure, and that’s why your surgeon believes it is the right method for you.

CUSTOMVUE CORRECTION

For the laser vision correction portion of your treatment, we use VISX CustomVue individualized laser vision correction — the standard for laser vision correction. Your corneas are like fingerprints: no two are alike. With the use of the “Wavescan,” a machine that measures unique imperfections of your eye with wavefront technology, CustomVue can measure and address imperfections of the cornea that are uncorrectable with glasses or contact lenses, thus leading to the best vision possible.

*The bottom line? The safest, most precise treatment available.*
The idea of LASIK had always been appealing to me. But I put it off for years out of fear of it not being done ‘right.’ When I met Dr. Siapco, he immediately put all my concerns to rest.

After the procedure and a day of rest, I walked outside and could see for the first time without corrective lenses since I was a kid.

Wow. What a blessing.”

-Mark Hornsby, LASIK patient
Your PROCEDURE

LASIK
With LASIK, a small flap is created by a cool-beam laser on the surface of the cornea to access the treatment area underneath. The flap is lifted while another cool-beam laser gently reshapes your cornea. The flap is then laid back down, where it heals naturally in a few days.

THE LASER
The VISX Star S4 Excimer Laser is the most widely used laser on the market today. It has been used by ophthalmologists to perform millions of laser vision correction procedures all over the world. Each year, more doctors use VISX lasers to perform laser vision correction than any other system.

PRK
With PRK, your end result is the same as LASIK but the procedure works differently. Instead of creating a flap, the cornea’s entire epithelial (outer) layer is removed to expose the area and no flap is created. The cool-beam laser then sculpts the cornea, just as with LASIK. The outer layer takes a few days to grow back, and the overall vision recovery period is longer than LASIK, but PRK offers an alternative for patients not eligible for the LASIK procedure.
Your PROCEDURE

ON THE DAY OF SURGERY

From the moment you walk through our doors, to the moment you leave, you will feel at home and comfortable. Your surgeon will be there with you every step of the way both before and after your procedure to walk you through the process. There won’t be any lines to wait in, or a rush to get in and out — it’s all about you today. We’ll prepare you for everything you’re about to experience so nothing should come as a surprise, except how happy you’ll be with your new eyes!

Once in the surgery center, our friendly and professional surgery staff will prepare your eyes for the laser treatment. Usually in less than a minute, the cool beam from the laser gently reshapes the cornea, removing microscopic amounts of tissue (less than the thickness of a human hair) to create a new curvature. During the procedure, the 3D ACTIVETRAK eye tracker follows the eye’s tiniest movements. It automatically repositions the laser to keep the laser beam focused, so you can relax during your procedure.

Many patients notice immediate results after LASIK. When your treatment is over, we’ll go over your post-operative instructions. Your surgeon will personally call you later on that night to see how you are doing and we’ll see you back for a quick check the following day.
ARE YOU A LASIK CANDIDATE?

FACTORS TO DISCUSS

Not everyone is a candidate for LASIK. There are many factors that both you and your doctor should discuss while considering LASIK.

At your consultation, we will discuss these factors and others with you at length, to help you evaluate if LASIK is right for you. We will also do some preliminary testing of your eyes to help determine your candidacy.

• Age (must be 21+)
• Lifestyle
• Prescription
• Eye/general health
• Expectations

WHAT ABOUT READING GLASSES?

Presbyopia is a condition of the eye that everyone develops around the ages of 40-50. This is when the eye (specifically the lens) loses its ability to accommodate, or focus, on things that are up close. When symptoms of presbyopia begin, you may notice yourself holding objects farther away from your face or even taking your glasses off to read (if you are nearsighted).

Because LASIK is done on the cornea, and presbyopia occurs in the lens, LASIK will not correct presbyopia. Eventually, we will all need reading glasses, even those who have had LASIK. There are other procedures that can correct presbyopia that you may want to discuss with the doctor.

www.skagitlasik.com
WHAT YOUR MONEY COVERS

WHAT YOU SEE IS WHAT YOU GET

The price you see is the price you pay. You won’t walk in expecting a low price and walk out paying a much higher price. Many clinics will advertise pricing “based on prescription.” This is a tactic to get you in the door, and then charge you more for your “higher prescription.” Some have many hidden charges, or offer less expensive procedures with older equipment. Who wants bargain equipment when it comes to eye surgery? We only offer the best technology available for your most precious assets, your eyes.

OUR PRICE INCLUDES:

• Consultation; telephone or in office (always free)
• Extensive eye exam by your surgeon
• Wavescan (for customized treatment)
• Custom laser treatment
• Access to your surgeon 24 hours a day.
• 1 year of follow-up care by your surgeon
• Protective eye shield & sunglasses
• Enhancements (when surgeon recommended)
• New lenses for old glasses (readers or tinted for sun)

Bladeless LASIK……….$2500/eye*
PRK……….$1800/eye

Receive $200 off per eye if paid in full on surgery day.

*Convenient Financing Options Available!

www.skagitalasik.com
THE LASIK TIMELINE

This timeline will give you an idea of how many appointments you can expect to have with us. Follow-up care is crucial after surgery and it is important to see your surgeon periodically to ensure a safe and successful outcome.

Surgery is done at our Mt. Vernon clinic. While we dedicate the entire day specifically to LASIK patients, we deliberately limit the number of cases performed on that day. This ensures a relaxed, comfortable environment and underscores our commitment to quality (not quantity) of care.

Consultation: To determine candidacy. This can be done in our office or over the phone.

Surgery: It’s your big day!

Work-up: Thorough exam to prepare for the procedure. Contacts must be out at least 2 weeks prior to this appointment (if soft), and longer if you wear “hard” or gas-permeable lenses.

Follow-ups:
- 1 day
- 1 week
- 1 month
- 6 months
This may vary based on individual healing.

One Year Later:
You are now due for your regular, routine eye exam again (not included in cost).

Your post-operative visits are covered for one year after your surgery. If you ever have questions or need anything after your last post-op visit, we are always happy to get you in to see your surgeon!
PLEASE NOTE:

Most LASIK patients return to their normal activities just ONE DAY after their procedure. However, there are some things you should avoid for a short period of time, like eye makeup and swimming.

Your surgeon will discuss these with you at length.
FAQ:

DOES IT HURT?

iLASIK is generally considered painless; however, some people do report feelings of pressure or mild discomfort during the procedure. PRK is usually more uncomfortable after the procedure. We provide a prescription for pain medication to help with this.

WHAT IF I MOVE DURING MY TREATMENT?

The laser comes equipped with an active 3-D eye tracking system that will track the tiniest movements of your eye. If your eye moves outside of the laser’s parameters, the treatment will be paused.

HOW LONG WILL I BE OUT OF WORK?

We generally ask you to take the day of your procedure off after LASIK, and 3-5 days after PRK. After that (depending on your occupation) most patients are able to return to work.

WHAT EXACTLY DOES THE LASER DO TO MY EYE?

The laser is a cool beam of ultraviolet light that reshapes the corneal tissue by vaporizing the carbon bonds that form it. It doesn’t burn and you can’t see or feel it, but its precision is superb.

AM I AWAKE DURING THE PROCEDURE?

Yes, there is no need for any anesthesia other than the numbing drops used prior to your procedure. We do offer Valium if you want it.

WILL MY INSURANCE COVER THIS?

Most insurance companies do not cover the cost of LASIK. However, there are a few that do and some others that offer discounts. We are more than happy to check with your insurance carrier to see if they provide a LASIK benefit.

IS LASIK PERMANENT?

LASIK is considered to be a permanent procedure. In very rare cases, vision may regress and an enhancement may be needed; however, this is not common with today’s technology.
SKAGIT LASIK’S MOST RECENT STATISTICS

88% of our patients saw 20/20 or better after their procedure.

100% of our patients saw 20/25 or better after their procedure!

(20/40 vision is required to pass a drivers test without corrective lenses.)

2014 post refractive surgery patients.

www.skagitlasik.com
SAFETY & QUALITY ASSURED

AAAHC ACCREDITATION

Our Surgery Center has achieved accreditation with the Accreditation Association for Ambulatory Health Care (AAAHC). Accreditation distinguishes our surgical center from many other outpatient surgical facilities by providing a safe work environment and the highest quality of care to patients. Status as an accredited organization means we have met nationally recognized standards for the provision of quality health care, set by the Accreditation Association. Not all ambulatory health care organizations seek accreditation; not all who undergo the on-site survey are granted accreditation. We are the only local AAAHC-accredited eye facility.

“We believe our patients deserve the best. When you see our certificate of accreditation, you will know that the AAAHC, an independent, not-for-profit organization, has closely examined our facility and procedures. It means that we care enough about our patients to strive for the highest care possible.”

~Dr. Dan Siapco, MD

THE ACCREDITATION PROCESS

Ambulatory health care organizations seeking accreditation by the AAAHC undergo an extensive self-assessment and on-site survey by the Accreditation Association’s expert surveyors-volunteer physicians, nurses and administrators who are actively involved in ambulatory health care. The survey is consultative and educational, presenting best practices to help an organization improve its care and services. “Going through the process challenged us to find better ways to serve our patients, and it is a constant reminder that our first responsibility is to our patients and the quality of care we provide,” says Dr. Siapco. The AAAHC, founded in 1979, is the leader in ambulatory health care accreditation with more than 3,600 organizations accredited nationwide. The AAAHC accredits a variety of ambulatory health care organizations and serves as an advocate for the provision of high quality health care through the development of nationally recognized standards and through its survey and accreditation programs. AAAHC accreditation is recognized as a symbol of quality by third-party payers, medical organizations, liability insurance companies, state and federal agencies and the public.
Skagit LASIK is affiliated with LaserVision, the leading provider of laser vision correction equipment in the industry today.

LaserVision doctors were among the first to perform the LASIK procedure, and our network of highly trained ophthalmologists continue to be instrumental in its refinement. Our affiliation with some of the most experienced doctors in the industry, along with our commitment to high quality patient care has made Sightpath Medical North America’s largest provider of laser vision correction services and equipment and earned them a reputation for excellence. As laser vision correction continues to rapidly evolve, Sightpath Medical continually equips our teams with the best resources and latest technology to remain a leader in LASIK.

When you make the decision to have LASIK, your focus should be on quality care, experienced doctors, the latest technology, and a commitment to results. You’ll find all of this at our center; and when you do, you’ll feel the difference and see the results. For more information on LaserVision, you can visit www.sightpathmedical.com.
HEATHER KNUDSEN
Refractive Surgery Coordinator
heatherk@ncascade.com

Surgery Center Location:
2100 Little Mountain Lane
Mount Vernon, WA 98274
www.skagitlasik.com

Phone: 360-416-6735
Fax: 360-424-6954

THREE ADDITIONAL LOCATIONS:

2131 Hospital Drive
Sedro-Woolley, WA 98284
(360) 416-6735

26910 92nd Ave. NW #C6
Stanwood, WA 98292
(360) 629-4180

1110 12th Street
Anacortes, WA 98221
(360) 293-9312
COME VISIT US

CASCADIA EYE MT. VERNON CLINIC & SURGERY CENTER

DIRECTIONS:

From East/West Skagit County
From Skagit Valley College, turn S onto LaVenture Rd. Continue on LaVenture, passing through the intersection with Section St. Right onto Little Mountain Ln. Cascadia Eye is on the left side at the end of the street.

From Northbound I-5
Take Exit 225 (Anderson) and turn right to head East on Anderson Rd. Continue onto S. LaVenture Rd. Turn left onto Little Mountain Ln. Cascadia Eye is on the left side at the end of the street.

From Southbound I-5
Take Exit 226 (Kincaid St.) heading East on Broad St. (up the hill, past the school). Turn right onto 15th St. Left onto Section St. Right onto LaVenture Rd. Right onto Little Mountain Ln. Cascadia Eye is on the left side at the end of the street.

www.skagitlasik.com